



Nursing & Consulting
Switzerland

We care
about you.





About us

Nursing & Consulting Switzerland was founded in 2020 based on the first healthcare management case for an honourable elite family in the middle east.

The **Continuous Care Program**[®] managed by N&C primary nurses was further delivered to world leaders and high-profile personalities recognised by the Forbes' 100.

The program has proven to increasing life quality for the person receiving care and the family system around. The relationship with the primary nurse is major and based on respect, trust and the concept of caring. We meet the person receiving care in a vulnerable state as a human being with a complex background of family system. Being confronted with medical care often goes hand-in-hand with the feeling of losing control. Our care is based on the understanding of these human aspects. We therefore guide you smoothly and with compassion through the process of receiving care by maintaining integrity.

Our competence lays in healthcare management delivered by Swiss primary nurses specialised in delivering excellence continuous care to international high-profile personalities.

Partnerships with international medical doctors, hospitals and other health providers established as the system developed over time.



Your N&C Team

Dedication. Expertise. Passion.

We are dedicated in delivering excellence care with compassion, skill and expertise. Each personality at N&C adds a valuable component to the successful development and increase of life quality for the client. We are passionate, highly educated and care about you. Continuously.



Swiss Excellence in Healthcare Management and Primary Nursing



We manage your health and everything that comes with it.



The created space enables you to focus on wellbeing and enjoy increased life quality.



We are your trusted specialist in healthcare management and deliver excellence care to International- and Switzerland-based clients.



Healthcare Management

Our **Continuous Care Program (CCP)**[®] is designed around the individual needs of our clients receiving healthcare. The CCP enables holistic management of transitioning periods during and after illness or surgery. It enables continuing care after discharge from a health institution e.g. hospital, rehabilitation clinic, after medical treatment or surgery.

Our internationally based clients benefit from the **Continuous Care Program International (CCPI)**[®]

Our clients based in Switzerland benefit from the **Continuous Care Program Switzerland (CCPS)**[®]



Primary Nursing

Our medical registered nurses look after you with warmth, compassion and years of clinical experience in acute care.

You receive continuous evidence based care, delivered by highly qualified nurses that support you to reach your health goals and make progress on your recovery journey.

Cooperations, universities, schools and institutions appreciate our flying-nurse services:

blood extraction, vital signs, recommendations on health promotion and follow-up programs individually designed around the needs and the industry.



We care about you. Continuously.

What is Primary Nursing?

The primary nursing model enables nurses to plan and manage patients' care continuously over time. The Primary Nurse (PN) is in lead of the case, delivers and overlooks the care. It enables continuity on all levels, is based on the relationship of trust to the person-and the family receiving care and is crucial for positive outcomes. The PN is in charge of the care process, plans- and adapts care to the changing needs and most importantly mitigates health risks early. The PN communicates with the physician, therapist and other stake holders.

Commitment and added value

It is our purpose to enable improvement in your health and increase life quality by providing evidence based primary nursing care. Our practice is based on Swiss- and International standards combined with a thorough understanding for excellence care.

- **Our efforts aim to increase your quality of life**
- **We enable sustainable care and respect personal integrity**
- **Family members and relatives are an important pillar on the journey of recovery**
- **We understand the challenges patients, their families and relatives go through**
- **We provide space for you and your family to focus on recovery and enjoy life at its fullest**
- **We care about you. Continuously.**



We manage your care - wherever you are

You are living outside of Switzerland but need state-of-the-art Swiss healthcare and wish to be looked after all-round?

Nursing & Consulting Switzerland serves you for that purpose.

We understand that health is very personal and dealing with illness, upcoming treatment or therapy can be challenging. You or your family member may require professional nursing for the first time or full time. You face uncertainties, feel vulnerable and have to manage different specialists and provider simultaneously. Information gets lost because of missing reports and expensive tests have to be repeated. Insurance claims need to be handed-in for you to get reimbursed. Travel back to your international home with increased needs for care can be stressful to manage on your own. There might not be a well developed healthcare system in your home country that manages your care sufficiently.

These challenges can be mitigated through our **Continuous Care Program®**, provided by a team that truly cares about you and your family. We are your leading provider in managing various stake holders and providing continuous care by our registered medical nurses. We connect hospital, health provider, international specialists and the medical team in your home to ensure continuous care in Switzerland and globally during travel to your next destination.

Our thorough understanding and respect of intercultural aspects combined with international medical regulations enable safe and smooth transitioning. We travel with you and ensure your comfort, wellbeing and safety globally.

We create space for you and your family to focus on your life quality - we manage your care and everything that comes with it.

Our **Continuous Care Program International (CCPI)®** is designed around the individual needs of our international clients receiving healthcare in Switzerland. CCPI enables holistic healthcare management of transitioning periods during and after illness or surgery. We create your care plan based on your needs to increase your self-efficacy and life quality.

With CCPI you receive state-of-the-art care throughout the process of discharge from a healthcare institution, during travel to your international home and in the period of adapting to your home routine. We set up a medically relevant system to enable your recovery process to continue. It includes a full handover of care to your local medical doctor and support you to find and train local nurses if further nursing care is needed. We support you with claims of your international insurance after you have received healthcare treatment in Switzerland.

Our **Continuous Care Program Switzerland (CCPS)®** is designed around our clients based in Switzerland and accepted by Swiss health insurance. It enables you to stay in your beloved home despite acute-, chronic illness, before and after surgery. Our team manages your health and evaluates your individual care plan based on your needs. We communicate with your doctor and other stake holders to support you on your recovery journey towards increased life quality.



All-round primary nursing, wherever you are

We come to you and deliver care...

- in your home
- in your hotel
- in your office
- after a hospital- or rehabilitation stay in Switzerland (CCPS)®
- in your international home or next destination (CCPI)®



Post-surgery care

- Aesthetic care
- General care
- Pain management
- Management of drains
- Wound management
- Nutrition
- Support in mobility

Medication management

- procurement of medication
- preparation of medication
- intra venous application
- subcutaneous application
- intra muscular application
- per oral application
- dermal application

Medication management is based on a physician's prescription and subject to guidelines before administration

Our services

- Post-surgery care
- Diagnostics
- Medication management
- Management of invasive catheters
- Chronic conditions
- Rehabilitation
- Family centered care
- Elderly care
- Palliative care
- Care equipment
- General care

Diagnostics

- Blood extraction
- Other extraction of bodily fluids
- Laboratory evaluation
- Gen-testing
- Vital signs
- Health status



Management of invasive catheters

- Abdominal catheters
- PEG tubes
- Stoma care
- Handling of central lines
- PICC
- Porth à cath
- Handling of intra venous catheters

Rehabilitation

- Post-surgery care
- Wound management
- Nutrition
- Support in mobility
- Support in transitioning times to be in need of professional care after major surgery or illness



Family centered care

We have a thorough understanding of complex family systems. Family members are part of the team and major in the care receivers health promotion. We encounter everyone with descry and respect and maintain transparent communication.

Intra venous therapy

- Vitamin
- Antibiotics
- Pain medication
- Nausea relief
- Re-hydration
- Others based on your needs

i.v therapy is based on a physician's prescription, laboratory evaluation of blood sample and subject to guidelines before administration

Management of chronic conditions

- Diabetes mellitus
- Heart disease
- Lung disease
- Symptom management
- Care plan
- Wound management
- Nutrition
- Support in mobility
- Stakeholder management
- Changes in health status

Elderly care

- Dementia
- Parkinson's disease
- Care plan
- Other chronic conditions
- Fall-prophylaxis
- Wound management
- Nutrition
- Support in mobility
- Changes in health status
- Stakeholder management

General care

- Basic care
- Skin care
- General hygiene
- Support in activities of daily living

Equipment and material

- Procurement of Medtech
- Orthotics
- Medical equipment
- Care products
- Medication



Health promotion and prevention

- Promotion of self-sufficiency
- Dealing with illness and treatment
- Dealing with the effects on life
- Self-care, mobilization of resources
- Joint decision-making

Maternity Care for Mother & Baby

- Set up of Babys room
- Pre-natal care for the mother
- Post-natal care
- Doula - Midwife
- Maternity Nurse
- Wellness & Recovery

Online Support

- Remote consultation
- Online Training
- Educational inputs for carers and family members



Contact

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